



# MUSIC, SINGING AND MOVEMENT

## Description

Come and be part of a group of people that enjoys making music and singing where you can express yourself through music and movement.

## Venue

Frankston Learning Centre  
Suite 1, Level 1, 108-120 Young Street, Frankston.

## Day of the Week

Wednesday (Weekly basis).

## Times

1pm - 4pm.

## Group Size

Ratio minimum four, maximum five people in a group.  
Staffing is available for clients who require 1:1 support.

## Transport

Not required for this activity.

## Cost

Nil.

## Resources to bring

Nil.

## Want to know more?

Contact MiLife-Victoria by phoning **9775 7333** to make further enquiries email Kath at **[kath.moodie@milife-victoria.org.au](mailto:kath.moodie@milife-victoria.org.au)**, or Popi at **[popi.goulas@milife-victoria.org.au](mailto:popi.goulas@milife-victoria.org.au)**

Please note: All activities are subject to a first in basis and a waiting list will be created if this activity is full.